

Eastside Private Pay Home Care List

The agencies listed on the following pages are fee-based, private pay services. They accept only private pay for their services unless Long Term Care Insurance policies apply. The separate agencies have been grouped into the following typical categories of service: Companion/Homemaker, Personal Care and Employment/Placement.

Companion/Homemaker: Care includes providing companionship, assisting with household chores, running errands, transportation, medication reminders, grooming and dressing guidance, monitoring of safety while bathing and meal preparation.

Personal Care: Care includes assisting with bathing/dressing including bed baths, personal hygiene, toileting, incontinent care, grooming, activities of daily living, transfers, as well as services associated with Companion/Homemaker Care.

Employment/Placement Services: Workers may provide Companion/Homemaker or Personal Care and are employed by the individual, not the agency. The agencies charge a placement or referral fee and will screen caregivers, check experience, background, references, and qualifications before a match is made.

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Definitions of categories:

Agency Name/Phone #: Local and toll free numbers are listed where appropriate. In some instances, long-term care insurance will cover home care services. If an agency accepts long-term care health insurance (LTC), there will be a '+' next to the name, and the agency will actually bill the company for the client. If an agency does not accept long-term care insurance, they may assist clients in preparing paperwork to submit, but the client is responsible for seeking reimbursement from the insurance company.

Cost per hour: Agencies will charge on a per-hour basis for their services. The rate will often range depending on the level of care required: the heavier the care, the higher the rate.

Min. (minimum) # of hours: Almost all agencies will require a daily amount of minimum hours contracted for service. Many will offer discounts for increased daily hours and total number of hours in a week.

24 hour Live-in per day: Agencies will provide a caregiver for 24 hours when such care is needed. Caregivers provide up to eight hours of work per 24-hour shift. Another eight hours is companionship during which the caregiver is available to assist. The caregiver must be provided a private place to sleep for eight hours with either no or minimal interruptions. Check with agency for specifics.

Bath Visit: Some agencies will offer a bath visit at a flat rate. During a bath visit, the hired caregiver will provide a bath, assist with dressing, and do light housekeeping such as making the bed. The visit is usually 1-2 hours and because it is less than the daily minimum number of hours required by the agency, it is charged at a higher rate.

Agency Specifics: Many agencies will specialize in certain areas of care such as persons with disabilities or dementia, offer special incentives for a higher number of contracted hours, or offer special services such as meal services. Where appropriate, agency descriptions and further details are provided in this category.

*The following information is provided as a community service. By listing these agencies **Overlake Hospital is not recommending**, endorsing, or ranking any particular program. Overlake Hospital cannot vouch for the quality, expertise, safety or cost of the services provided by the listed agencies.*

Companion / Homemaker Services

The following section is a list of agencies that offer only Companion/Homemaker services. Care includes providing companionship, assisting with household chores, running errands, transportation, medication reminders, grooming and dressing guidance, monitoring of safety while bathing and meal preparation.

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
Best Sitters 425-837-8200 206-682-2556	\$22-25	4	\$200 per 24 hours \$20/hr after	Yes	<ul style="list-style-type: none"> • <i>Temporary</i> adult companions until permanent services can be set up. • No nurse supervision, no medical services provided. • No 24-hour on-call service. Office open M-F 8:00-5:00, Sat. 9:00-1:00. • www.bestsitters.com
My New Friend 425-822-1072	\$28	1	No	No	<ul style="list-style-type: none"> • Quality caregivers love what they do. • Focus on providing activities, companionship, social engagement and safety. • Care coordination and care management. • www.mynewfriend.com

Personal Care Services

The following section offers listings for agencies that offer Companion/Homemaker and Personal Care services. Personal Care includes assisting with bathing/dressing including bed baths, personal hygiene, toileting, incontinent care, grooming, activities of daily living, transfers, as well as services associated with Companion/Homemaker care. Usually the fee for the two categories of services will range in price so check with the agency for specifics on hourly rate.

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
A Caring Hand In-Home Care and AFH 425-254-2577 425-802-3042	\$19-26	4	\$240	\$55	<ul style="list-style-type: none"> • We offer 12 to 24 hour shifts. • No charge on all in-home care assessments and consultations. • We take care of dementia patients. • Please call us for more Adult Family Home information. • www.acaringhandofwa.com
A Helping Hand Homecare 206-686-7440 1-877-281-7111	\$24.50-26	4 No min. for nursing	\$320	\$24.50 per hour with a 4 hour min.	<ul style="list-style-type: none"> • No charge on all in-home care assessments and consultations. • Offers nurse delegation and care management. • Offers hospice and respite services. • RN and LPN staffed services with no minimum required. • www.ahelpinghandnw.com
AccentCare 206-248-1292	\$18-22	3	\$230-250	\$21 3 hour min.	<ul style="list-style-type: none"> • Companion/home care, personal care, transportation. • Hourly – 24 hour care available. • Rates determined on case-by-case basis. • Free personalized assessment. • www.accentcare.com

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
All About Care 425-678-8400 425-280-4590	\$23-28	3	\$260-325	\$55	<ul style="list-style-type: none"> • Free assessment, rapid response 24 hours a day, 7 days a week. • Licensed, bonded, insured, skilled caregivers and nurses. • Over 27 years experience caring for Seniors. • Caregivers supervised by nurses; excellent references. • www.AllAboutCareNow.com
Amicable Health Care+ 206-246-0550	\$19-25 (COPES provider)	4	\$190-260	Yes	<ul style="list-style-type: none"> • Intensive clean-up services available (\$40/hr per each employee sent). • Companion/homemaker (\$19/hr) and personal care services (up to \$25/hr). • Licensed homecare agency and all our aides are bonded. • Medical equipment can be supplied. • www.amicablehealth.net
Andelcare 425-283-0408 206-838-1844 800-319-5979	\$25-27	1	Starting at \$300	Yes	<ul style="list-style-type: none"> • High level of customized service from 1 to 24 hours incl. post-hospital care. • Continuity of caregivers with highest level of supervision & quality of care. • Coordination of services with home health, hospice, nursing services, care management and advocacy programs. • Our staff is available 24-hours per day to respond to your needs. • www.andelcare.com
BrightStar 425-679-0310	Rates may vary based on services provided	2	Rates may vary depending on level of care needed	Yes	<ul style="list-style-type: none"> • Full spectrum of in-home care including everything from companion care to skilled nursing. Free initial RN assessment. Same day availability. • RN oversight and coordination of services. • Fully screened, insured and bonded, licensed and/or certified caregivers. • 24-hour scheduling and customer service. • www.brightstarcare.com

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
Capability Homecare+ 425-679-5770	\$24-28	2	\$275-325	Yes, based on hourly rate	<ul style="list-style-type: none"> • Reliable, responsible and professional caregivers. • Highest standards in homecare. • Personal care, ADLs, companion care, transportation. • “A relationship you can trust.” • www.capabilityhomecare.com
CareForce+ 425-712-1999 1-877-426-8800	\$26.50-30	<90 min.	\$325-370	\$60	<ul style="list-style-type: none"> • No cost in-home/hospital RN/MSW assessment. Nurse delegation used to delegate appropriate nursing tasks to licensed caregivers. Skilled nursing visits for skilled needs / geriatric care management - \$100/hr. • CNAs/RNAs: caregivers licensed, 24/7 supervision. Visits – 1.5 and 2 hours – flat rate \$60/\$80. Hourly care – 4 hour minimum - \$26.50 per hr. • Lifeline Personal Alarms, installation and monitoring 24/7, \$35/mo. • CAREPACK[®] Services are available to assist with discharge from a hospital, nursing home or other skilled setting. Call for rates. • www.careforce.com
Catholic Community Services+ 253-850-2528 1-800-722-3479	\$20.50-22 (COPEs provider or private pay)	2	\$227-242	\$37	<ul style="list-style-type: none"> • Overnight shift available offering minimal assistance at \$130.50/night. • Three levels of care offered: companion/homemaker, light personal care, and heavy personal care. • One month deposit required in advance. • www.ccsww.org
Club 24 Senior Living at Home+ 206-547-2424	\$23-24	3 Chores 4 Personal care	\$270	\$48	<ul style="list-style-type: none"> • Local, personalized, not-for-profit licensed home care organization. • Personal care & companion/housekeeping services. Hourly to 24-hr care. • Nurse delegation allows CNA to administer medications after instruction. • Wheelchair accessible van for medical appointments: \$60 roundtrip and \$1.50 per mile. • www.club24seniorcare.com

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
Companion Care Inc.+ 425-488-7575 1-877-440-7575	\$19.75-21.50	2-4	\$235-260	\$30	<ul style="list-style-type: none"> • Independent family owned business since 1984. • Specializing in establishing long term relationships with clients. • One-on-one case management. • Hospice, nurse delegated tasks, dementia care. • www.companioncareofwa.com
Comprehensive Home & Companion Services (CHCS) + 425-275-5858	\$25-27 Depending on care provided	4	\$350	Yes Call for more info	<ul style="list-style-type: none"> • Free screening assessment; care plan developed by Masters level nurse care manager with rehabilitation medicine physician oversight. • Nurse delegation. All levels of care including skilled care management services, physical therapy, occupational therapy and speech therapy. • Will match caregiver to client with quick response time. • Providing CARE – Compassion, Accountability, Results & Expertise. • www.CHCServices.com
Family Best Care LLC+ 425-646-2373	\$19-25	Flexible	\$250-300	\$30-50 (case by case basis)	<ul style="list-style-type: none"> • Companion/homemaker and personal care services through licensed CNAs and RNAs. Free initial assessment. • Flexible hours and rates depending upon client needs. • Specialize in Alzheimer's/dementia care; offers hospice and respite care. • We have ample experienced staff which allows quick response time. • www.familybestcare.com; info@familybestcare.com
Family Resource Homecare+ 425-455-2004 206-545-1092	\$22-28	2	\$265-300	\$48-52	<ul style="list-style-type: none"> • Nurse visits and personal care, light housekeeping, companionship and transportation. Free assessment. We come to you. • Care can start same day or within 24/hrs. • Two hour minimum visits to round the clock care available. • Able to accommodate clients needing a heavy level of care. • Serving families with commitment and kindness since 1996. • www.familyresourcehomecare.com

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
Fedelta Home Care 425-454-4548 206-362-2366	\$22-29	1	\$295-325	Yes	<ul style="list-style-type: none"> • Free RN assessment; services commence same day or within 24 hours. • Companion Care, personal care, Alzheimer/dementia care, nursing care. • Affordable services, flexible schedules and customized care plans. • Licensed. Bonded. Insured. Compassionate & specialty trained caregivers. • www.fedeltahomecare.com
Harvard Partners Home HealthCare+ 425-822-6979	\$12-25 Call for rate info	1	\$250-270 Call for rate info	Yes	<ul style="list-style-type: none"> • Free, no obligation initial assessment. Same day availability. • Full spectrum of in-home care. • Personalized care: Particular attention paid to matching caregiver to client. • Professional and personalized assistance with discharge from a hospital. • For more information, visit us at: www.harvardpartners.org
Health People 425-454-1947	\$23-28	4	Starts at \$300	\$60	<ul style="list-style-type: none"> • Experienced & licensed caregivers. • Specializes in heavier care clientele, dementia, bed bound and hospice care. • LPNs and RNs available at per-hour rate or per-visit rate. • Nurse delegation on a case-by-case basis (including insulin administration). • www.healthpeople.com
Help Unlimited Home Care 425-455-9393	\$19-28	No min.	\$234-375	Yes	<ul style="list-style-type: none"> • Homecare services specifically designed for client's needs. Since 1992. • Licensed, insured and bonded. • Negotiable rates/temporary fees. • www.CareAtHomeSeattle.com
Home & About+ 425-775-2676 1-888-8SENIOR	\$24	2 - 4	\$275	Yes \$50	<ul style="list-style-type: none"> • Nurse owned, licensed, bonded & insured since 1999. • Companion/homemaker and personal care services. • Assistance with bathing, medication reminders and personal care. • Live-in, part-time or full-time. FREE initial assessment - call us! • www.HomeAndAbout.Com

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Home Care Associates+ 206-861-3193	\$22-30	No min. Higher fee for less than 4 hrs	\$300	\$60	<ul style="list-style-type: none"> • Not-for-profit organization. • Initial assessment is free. All care is individualized. • Patient advocacy, care management, counseling and telephone reassurance available in addition to basic home care. • Nursing delegation and LPNs available. • www.homecareassoc.org
HomeCare Solutions 206-579-9779	\$19-25	No min.	\$250-280	Yes	<ul style="list-style-type: none"> • Companion/home care, personal care, transportation. • Hourly – 24 hour care available. • Rates determined on case-by-case basis. • Free personalized assessment and last minute requests. • Bath visit rates vary.
Home Helpers Eastside+ 425-481-9988	\$22-26	Flexible	\$270-325 Rate negotiable depending on level of care	Yes \$55	<ul style="list-style-type: none"> • Companion/homemaker and personal care services. • Overnight shift (10 hours): \$200. • Works with hospice to provide care for client and family. • Also provides short-term care for recuperation from illness and surgery, respite for family caregivers. • www.homehelpers.cc and www.homehelpers.cc/eastside58253
Home Instead+ 425-454-9744	\$25.50 for 3 hours or more \$26.50 for couples	1	Call for info	Yes	<ul style="list-style-type: none"> • Free, no obligation initial assessment. • Overnight 10 hour shift available for \$185.00. • Personalized care: Particular attention paid to matching caregiver to client. • Stand-by assist with bathing, dressing and walking. • Please call for rates under 3 hours. • www.homeinstead.com/130

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
Homewatch Caregivers of Western WA 425-889-2627 206-363-4599	\$23.95-25.95	1	\$294.95- 394.95 Depending on level of care	\$44.95	<ul style="list-style-type: none"> • Ample staffing allows quick response time; usually can start in 1-3 hours. • Free services include initial consultation and fall risk assessment. • No upfront costs or annual fees, no extra fees for weekends. • Specialize in Alzheimer's, dementia, Parkinson's, stroke, MS, post-operative care, respite, and child care. • Licensed, bonded, and in-house trained caregivers. • www.homewatchcaregivers.com/bellevue
HomeWell Senior Care+ 425-967-1111 206-440-5500	\$19.95 Light \$22.95 Medium \$25.95 Special	3	\$260-290	No	<ul style="list-style-type: none"> • Light Care: companion/homemaker, meal prep and serving: \$19.95/hr. • Medium Care: all of above plus standby assist, bathing & dressing assist, personal hygiene and assistance with medication: \$22.95/hr. • Specialty Care: all of above plus transfers, bed bound clients, feeding, incontinence care and transportation: \$25.95/hr. • Specialize in Alzheimer's/dementia care. • www.homewellcares.com
Jodem Home Health Care+ 425-643-8101 425-301-2115	\$18-26	4	Starts at \$250 based on case-by-case	\$30-60	<ul style="list-style-type: none"> • Companion/homemaker, light cleaning, meal preparation. Personal care employees are licensed CNAs and NARs. • Dressing and bathing assistance, person hygiene, transportation, and medication reminders. • Customized personal care above and beyond basic care. • LPNs and RNs are available on a per-visit or per-hour rate – based on client's care needs. Free RN initial assessment. • www.jodeminc.com

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
Kin On Community Health Care 206-652-2330	\$19 (COPEs provider)	2	\$170-220 (10 hours) Depends on level of care	Yes	<ul style="list-style-type: none"> • Bi-lingual and Bi-cultural services for Asian community. • Home health and hospice services available through partnership with Evergreen and Swedish Home Health. • Initial assessment fee of \$35. • www.kinon.org
MasterCare In Home Services+ 1-888-529-2122	\$19-23	No min.	\$240	Yes	<ul style="list-style-type: none"> • Companion/homemaker and personal care services. • Here to help you retain your independence with dignity. • Licensed and fully insured; locally owned and operated since 2003. • www.mastercareinhomeservices.com
Maxim Companion Services+ 425-643-0200 1-866-871-2345	\$18-26	No min.	Decided on case-by-case basis	\$40-60	<ul style="list-style-type: none"> • Companion/homemaker and personal care. All personal care level employees are CNAs or NARs. • LPNs available at \$38-\$44/hr; RNs at \$45-\$60/hr. • Contracted with most major insurance companies. • Free initial assessment with registered nurse. • www.maxhealth.com
One More Daughter 206-255-5940	\$23-29	2	\$285-300	Yes	<ul style="list-style-type: none"> • Free assessment; services commence within 24-48 hours. • Customized personal care above and beyond basic care. • Home care and care management services. • Licensed, bonded, skilled & specialty trained caregivers. • Care plans, home monitoring, 24-hour check-in calls. • www.onemoredaughter.com; info@onemoredaughter.com

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ResCare Home Care+ 206-368-7667	\$22-25	2	\$290	Yes	<ul style="list-style-type: none"> • Free assessment / consultation & quick response time. • RN hourly rate: \$50 with 2 hr minimum. • LPN hourly rate: \$45 with 2 hr minimum. • Sleep-over shifts: \$20 per hour (maximum of 12 hours). • Licensed, bonded & trained quality caregivers. Multilingual personnel available • www.rescarehomecare.com
Right at Home+ 425-818-7744 1-888-361-3731	\$23-29	No Mins!	\$280-320	\$55 (up to 90 min)	<ul style="list-style-type: none"> • Responsive medication mgmt. and compliance program for \$75/month. • Free RN wellness checks and Lifeline Medical Alert System available. • Home Transitions Program (from hospital to home) for \$98 – up to 4 hrs. • RN supervision of all care staff. • Free assessments at home or hospitals. • Call us 24/7/365 or find us at www.bellevue.rightathome.net
Senior Helpers of Bellevue+ 425-454-2094	\$22-27	No min.	\$270-300	Based on hourly rate	<ul style="list-style-type: none"> • C.A.R.E. program focuses on service and the client. • Goal is to maintain independence while staying at home. • Respite care after hospital stay. • Overnight shifts of 10 hours for \$180.00. • www.seniorhelpers.com
Service Alternatives, Inc.+ 1-800-717-8239 425-870-4014	Hourly rate ranges from \$20 to 28 an hour	2	Please contact Service Alternatives to discuss price	\$20-28 per hour	<ul style="list-style-type: none"> • Service Alternatives was established in 1983. • Services built on exceptional values. • Offers home care services to fit <u>your</u> needs. • Highly trained Registered Nursing Assistants. • www.my-homecare.com

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
Sound Options 800-628-7649	\$25-27 \$180 / visit for sleep over service (10 hours)	3	\$350 Includes 10 free hours of Care Management	\$25 per hour	<ul style="list-style-type: none"> • RN, LPN and MSWs on staff. Overnight care available. • Geriatric care management: \$120.00 per hour. \$95 per hour for travel. • Nurse delegation for medications, wounds and PEG care. • Free initial assessment for home care services. • Serving Western Washington since 1989. • www.SoundOptions.com
Synergy+ 425-462-5300	\$22-28	No min.	\$275-350	\$40-45	<ul style="list-style-type: none"> • Nationally recognized and locally owned. • Serving all ages. • Flex Care Services (1-3 hours). • “Sunshine for the Mind” – Interactive art activities. • See detailed list of services at www.synergyhomecare.com
Visiting Angels 425-828-4500 206-361-7066	\$22-28.95 Depending on number of hours	1	\$275-300	\$50	<ul style="list-style-type: none"> • One hour minimum to 24 hour care. Live-person response 24/7. • Free assessment, with personalized Plan of Care. • Care can start same day, even on weekend/holidays. Family respite care. • Licensed, bonded, background checks. • Skilled CNAs/NARs, hospice and dementia experienced for assistance with bathing, personal care, med reminders, light housekeeping, transport. • www.visitingangels.com/kirkland
With a Little Help 206-352-7399	\$29 - less than 4 hours \$27.50 - more than 4 hours \$32 couple care	2	\$320 for one person \$365 for couples	Yes	<ul style="list-style-type: none"> • Overnight shifts (10 hrs): \$190 and \$205 for couples. Caregivers must be able to have five hours of uninterrupted sleep. • No transfers, heavy lifting, or nursing staff. • Transportation provided to medical appts, shopping, dining out & events. • Moving services provided at \$50 per mover per hour. • Locally owned and operated since 1999. • www.withalittlehelp.com

Employment Services and Placement Services

These agencies charge a placement or referral fee to match workers with client needs. The agencies screen caregivers, check experience, background, references, and qualifications before a match is made. **Workers are employed by the individual, not the agency.** Cost per hour reflects the current market rate for home care services, and are suggestions by the agency.

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
All About Care 425-678-8400 425-280-4590	\$15-18	2	\$200-260	Yes	<ul style="list-style-type: none"> • Placement fee: \$6.00-\$8.00 per hour (hourly shift); \$60-\$80 per day (24/hr live in shift). • Most experienced, professional care staff and nurses in Puget Sound area. • National background, sex offender, credential verification, DMV search, skills assessment. • Rapid response; Excellent references. • www.allaboutcarenow.com
Fedelta Home Care 425-454-4548 206-362-2366	\$12-18	4	\$200-295	No	<ul style="list-style-type: none"> • Placement fee is 50% of first month's negotiated salary. • National background, sex offender, DMV searches. • Credential verifications, skill testing, CPR/first aid. • Written/verbal English skills, personality assessment. • 90 day service guarantee. • www.fedeltahomecare.com

Agency Name Phone # + LTC insurance accepted	Cost per hour (rates may change)	Min. # of daily hours	24 hour Live-in per day	Bath Visit	<u>Agency Specifics</u>
Help Unlimited Care At Home 425-455-9393	\$14-18	No min.	\$175-336	Yes	<ul style="list-style-type: none"> • Visits, hourly shifts, or 24-hour care. • Negotiable rates/temp fees. • 30% fee for 90 days. • Most excellent caregivers! • www.CareAtHomeSeattle.com
McDonald Employment Services, Inc. 206-284-5244	\$20-22	4 M-F 8 hr min. for wkend days	\$250-300	No	<ul style="list-style-type: none"> • Placement fee is a charge of 50% of the first month's total salary of employed caregivers and comes with a 90-day replacement guarantee. • All CNAs and RNAs have a minimum 5 years professional experience and Washington State Patrol checks are completed on all candidates. • Serving the greater Seattle area and the Eastside for over 65 years. • www.mcdonaldemployment.com